

How to Self-Rate

Players who are new to tennis or whose rating has expired will be prompted to self-rate when registering for their team. You will answer a few simple questions designed to determine the correct USTA NTRP rating level for your tennis ability and athletic experience. Just answer truthfully, and to the best of your ability.

Self-Rating Steps

- 1) Go to TennisLink's "Register for a Team" at <https://tennislink.usta.com/leagues/TLRegistration/leagueregmulti1.asp>
- 2) Enter your USTA number and your team number, and select "Next Step."
- 3) You will be taken to the self-rate "questionnaire" to complete and select the NTRP level at which you believe best reflects your true tennis and athletic ability.

If you have any questions about the correct level to self-rate, please review the "Experienced Player Guidelines" before self-rating.

If you are assigned a level you believe is too high, you may immediately appeal your self-rating by selecting the blue underlined "Appeal Rating" link and submitting a one-page form that asks more in-depth questions, including an "open-ended" question at the bottom where you can describe any other reasons why you believe the rating you were assigned is too high. These appeals are individually reviewed at the national level, and do take between 1-3 weeks.